

<b>Hours to Zero BAC for Men</b>									
<b>Number of Drinks</b>	15	35	29	24	22	19	17	16	14
	14	32	27	23	20	17.5	16	15	13
	13	40	25	21	19	16	15	14	12
	12	28	23	20	17	15	13.5	13	11
	11	25	21	18	16	14	12	12	10
	10	23	19	16	14	12.5	11	11	9.5
	9	21.5	18	15	13.5	11.5	10.5	10	9
	8	19	16	13.5	12	10	9	9	8
	7	17	14	12	10.5	9	8	8	7
	6	14	12	10	9	8	7	6.5	6
	5	12	10	8.5	7.5	6.5	6	5.5	5
	4	9.5	8	7	6	5.5	5	4.5	4
	3	7	6	5	4.4	4	3.5	3.5	3
	2	5	4	3.5	3	3	2.5	2	2
	1	2.5	2	2	2	1.5	1	1	1
	<b>100</b>	<b>120</b>	<b>140</b>	<b>160</b>	<b>180</b>	<b>200</b>	<b>220</b>	<b>240</b>	
<b>Weight in Pounds</b>									
<b>Hours to Zero BAC for Women</b>									
<b>Number of Drinks</b>	15	42	35	30	26	23	21	19	17
	14	39	32	28	24.5	22	19	17.5	16
	13	37	30	26	23	20	18	16	15
	12	34	28	24	21	19	16.5	15	13.5
	11	31	25	22	19	17	15	14	12
	10	28	26	20	17.5	16	14	12.5	11
	9	26	21.5	18.5	16	14.5	13	11.5	10.5
	8	23	19	16.5	14.5	13	11.5	10.5	9.5
	7	20	17	14.5	12.5	11.5	10	9	8
	6	17.5	14	12.5	11	9.5	8.5	7.5	7
	5	14.2	12	10.5	9	8	7	6.5	6
	4	12	9.5	8.5	7	7	5.5	5	4.5
	3	9	7	6.5	5.5	5	4.5	5	3.5
	2	6	5	4	3.5	3	3	2.5	1.5
	1	3	2.5	2	2	1.5	1.5	1.5	1
	<b>100</b>	<b>120</b>	<b>140</b>	<b>160</b>	<b>180</b>	<b>200</b>	<b>220</b>	<b>240</b>	
<b>Weight in Pounds</b>									

<b>Body weight</b>	<b># of Drinks</b>											
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>100 lb.</b>	.038	.075	.113	.150	.188	.225	.263	.300	.338	.375	.413	.450
<b>110 lb.</b>	.034	.066	.103	.137	.172	.207	.241	.275	.309	.344	.379	.412
<b>120 lb.</b>	.031	.063	.094	.125	.156	.188	.219	.250	.281	.313	.344	.375
<b>130 lb.</b>	.029	.058	.087	.116	.145	.174	.203	.232	.261	.290	.320	.348
<b>140 lb.</b>	.027	.054	.080	.107	.134	.161	.188	.214	.241	.268	.295	.321
<b>150 lb.</b>	.025	.050	.075	.100	.125	.151	.176	.201	.226	.251	.276	.301
<b>160 lb.</b>	.023	.047	.070	.094	.117	.141	.164	.188	.211	.234	.258	.281
<b>170 lb.</b>	.022	.045	.066	.088	.110	.132	.155	.178	.200	.221	.244	.265
<b>180 lb.</b>	.021	.042	.063	.083	.104	.125	.146	.167	.188	.208	.229	.250
<b>190 lb.</b>	.020	.040	.059	.079	.099	.119	.138	.158	.179	.198	.217	.237
<b>200 lb.</b>	.019	.038	.056	.075	.094	.113	.131	.150	.169	.188	.206	.225
<b>210 lb.</b>	.018	.036	.053	.071	.090	.107	.125	.143	.161	.179	.197	.215
<b>220 lb.</b>	.017	.034	.051	.068	.085	.102	.119	.136	.153	.170	.188	.205
<b>230 lb.</b>	.016	.032	.049	.065	.081	.098	.115	.130	.147	.163	.180	.196
<b>240 lb.</b>	.016	.031	.047	.063	.078	.094	.109	.125	.141	.156	.172	.188

**Showing estimated percent of alcohol in the blood by number of drinks in relation to body weight. This percent can be estimated by:**

1. Count your drinks (1 drink equals 1 ounce of 100-proof liquor, one five ounce glass of table wine or one 12-ounce bottle of regular beer).
2. Use the chart above and under number of "drinks" and opposite "bodyweight" find the percent of blood alcohol listed.
3. Subtract from this number the percent of alcohol "burned up" during the time elapsed since your first drink. This figure is .015% per hour.  
[Example: 180 lb. man - 8 drinks in 4 hours / .167% minus (.015x4) = .107 %]